

STUDY HABITS SELF-EVALUATION

1. What time of day do you find it best to study and do assignments? Why does this work for you?

2. What locations work best for you for studying? What makes them good places?

3. How long before a test do you begin to study for it? Do you feel that this is enough time?

4. How long do you typically study at one time? If it is too long, would it be better to break it up?

5. What do you do when you sit down to study?

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| <input type="checkbox"/> Read through notes | <input type="checkbox"/> Take notes on the textbook |
| <input type="checkbox"/> Go through notes with a study group | <input type="checkbox"/> Work assigned problems |
| <input type="checkbox"/> Rewrite or type notes | <input type="checkbox"/> Make flashcards |
| <input type="checkbox"/> Read through the textbook | <input type="checkbox"/> Make a list of definitions |
| <input type="checkbox"/> Underline key phrases in the textbook | <input type="checkbox"/> Create a concept map |
| <input type="checkbox"/> Other: | |